

TEENS

Girlz Club

Calling all girls in grades 6-12! Join a club just for you, full of fun activities, an overnight and a monthly weekend event called Girlz Night Out. YOU help plan the activities...the possibilities are endless! Note: Meetings and outings will be scheduled weekly. There may be nominal fees for some outings. For more information, call 240-314-8634.

#15511 Thu Apr 7-Jul 14 6:00 pm-8:00 pm
\$15(R)/\$25(N) Grade: 6-12 Site: LPCC

Teen Classes

Registration deadline for all activities is two weeks prior to the start of the class unless otherwise noted.

Babysitting Skills

The skills taught in this course: responsibilities of a good sitter, questions to ask parents, first-aid information, toy safety, characteristics of different age groups and specific care needed for an infant, are helpful to children of all ages who are interested in childcare. The legal age for babysitting is 13, however this is a terrific class for preteens who are interested in being a mother's helper or aide. A certificate is awarded upon successful completion of course. Register by: 4/5.

#15498 Fri Apr 15-22 5:45 pm-8:00 pm
\$38(R)/\$44(N) Ages: 11 + Carver Site: TCRC

Ballet for Teens

Students with five or more years of experience are welcome to join this class and learn advanced ballet techniques. Students with demonstrated proficiency are encouraged to register with the Rockville Civic Ballet. Note: If a participant registers for two or more ballet classes, a \$5 discount may be applied to one class. To receive a discount, registration must be handled by mail, fax or in-person. See Adult Ballet and Children Ballet for more classes. All participants enrolled through spring 2005 will have the opportunity to perform in the spring recital on June 4, 2005.

Advanced - 7 weeks.

#15160 Mon Apr 11-May 23 5:45 pm-7:00 pm
\$49(R)/\$58(N) Ages: 13 + Mangan Site: RBC

Advanced - 8 weeks.

#15161 Wed Apr 13-Jun 1 5:45 pm-7:00 pm
\$56(R)/\$66(N) Ages: 13 + Mangan Site: RBC

Climbing for Teens: Skills & Safety

You've seen climbers on television and gone to a few climbing parties but haven't had the chance to hone your skills and really understand what the sport of climbing is all about. Come learn the vital safety practices, try out some new moves and experience the excitement of climbing for yourself. All equipment is provided. Registration deadline is one week prior to the start of class. Drop-in registrations are welcome on a space-available basis.

#15368 Thu Apr 7 7:00 pm-9:00 pm
\$20(R)/\$25(N) Ages: 12-18 Site: CG

#15369 Thu May 5 7:00 pm-9:00 pm
\$20(R)/\$25(N) Ages: 12-18 Site: CG

#15370 Thu Jun 2 7:00 pm-9:00 pm
\$20(R)/\$25(N) Ages: 12-18 Site: CG

Chess - Beginner for Teens

Chess is a fun game for all ages. Studies have found that chess will benefit children both academically and socially. Emphasis is on basic principles, visual skills development, score sheet notation, tactical skills, and checkmate positions. Instructor is a trainer for school champions in Maryland. Note: Chess boards and sets are provided for class.

#15562 Wed Apr 13-May 25 2:50 pm-3:50 pm
\$49(R)/\$58(N) Grade: 6-8 Del Mundo Site: JWMS

Chess - Intermediate and Continuing

Emphasis is on more complex tactical and position skills, end game studies, and chess principles. Upon completion of this course students will be ready for scholastic tournaments. Current scholastic participants are encouraged to sign up. Mini tournament will be held in class. Prerequisite: For students who attended previous class or for Middle School students with basic knowledge of chess.

#15561 Wed Apr 13-May 25 4:00 pm-5:30 pm
\$60(R)/\$71(N) Grade: 6-8 Del Mundo Site: JWMS



**FOR MORE
INFORMATION:
240-314-8730**

Teen Trips

Registration for all trips begins upon receipt of the guide. One week prior to each trip, a letter with specific information will be mailed to each participant. If you do not receive one, call 240-314-8634. Parent chaperones are welcome but must register and pay.

Teen Trip - Laser Tag, Movie & Lunch

SPRING BREAK TRIP: Join us on a trip to Shadowlands for an afternoon of live-action laser adventure & arcade games, followed by an entertaining movie at a local theater. Laser Tag is an exciting, interactive game that lets you compete on teams in a high-tech environment full of futuristic fun. Bring money for lunch at a local restaurant. Cost includes admission fees, transportation, and supervision. Pick-up and Drop-off at Robert Frost and Julius West Middle Schools. Register by: 3/14.

#15513 Tue Mar 29 12 noon-5:30 pm
\$20(R)/\$24(N) Grade: 6-12 Site: JWMS

Teen Trip - Paint Ball

NO SCHOOL DAY TRIP. Come with us to Outdoor Adventures' Paintball tournament fields filled with many interesting obstacles. Staff will explain how to use all the equipment before we begin. Note: All players must wear a facemask and goggles at all times while on the fields. All games are supervised by experienced referees. Cost includes admission, safety equipment, transportation and supervision. Bring your lunch and extra money for drinks at the lodge. Pick-up and Drop-off from Robert Frost & Julius West Middle Schools. Register by: 3/25.

#15512 Fri Apr 8 10:00 am-4:00 pm
\$35(R)/\$40(N) Grade: 6-12 Site: JWMS

Teen Trip - Wizards Basketball Game

SPRING BREAK TRIP - Take a trip to see the Washington Wizards NBA team play. We will enjoy an exciting game in **lower level seats** and delicious MCI Center food. Cost includes admission, transportation and supervision. Bring money for food, drinks and souvenirs. Pick up and drop off from Robert Frost & Julius West Middle Schools. Register by: 3/14.

#15514 Wed Mar 30 5:00 pm-10:00 pm
\$75(R)/\$80(N) Grade: 6-12 Site: JWMS

Teen Trip - Frederick Keys Game & Buffet

FRIDAY NIGHT TRIP: Come support the Frederick Keys while enjoying a lovely dinner buffet, salad, pasta, fresh fruit, and DESSERTS. Cost includes admission, transportation, buffet dinner and supervision. Pick-up and drop off from Robert Frost and Julius West Middle Schools. Register by: 4/1.

#15563 Fri Apr 15 5:00 pm-10:30 pm
\$35(R)/\$40(N) Grade: 6-12 Site: JWMS

VOLUNTEER OPPORTUNITIES



Workreation

Ages 12-17

Earn credits towards payment of teen activities, special events, programs and/or recreation classes. Jobs range from helping at City-sponsored events to working with recreation staff on office and special program needs. **Work hours are flexible and arranged by the supervisor as jobs become available.** Upon receipt of your registration form, you will be mailed information about upcoming projects. Work hours will be monitored, and you will not be able to exceed 80 hours in the 2004-2005 school year. Each credit is valued at \$5.31/hour. All credits must be used by June 30, 2005. For information, call 240-314-8634 or e-mail nherndon@rockvillemd.gov.

Junior Leader Recreation Volunteer!

Ages 13 and older

Earn Service Learning Credit for School!

Youth in Rockville Recreation Programs Need You!

Help with daily activities, arts and crafts, sports/games, homework and field trips. Get valuable training and experience from recreation staff. After school, summer and weekend hours available.

Be a 'buddy.' Be a friend.

Ages 13 and older

To volunteer, call Karen Rawlins 240-314-8633

Rockville Striders AAU/ Jr. Olympic Track and Field

If you're looking for competitive running, the Rockville Striders AAU/Jr. Olympic Track and Field team is looking for you. We are an organization working to promote teamwork, physical fitness, and a healthy competitive spirit in a fun competitive atmosphere.

Note: This program is not affiliated with the City of Rockville youth Track and Field program.

Ages: 5-18

Practices: 3 days a week beginning March 14

Track Meets: Saturday and some Sundays, April-July

Registration Deadline: April 18

Fee: TBA, Discount for additional family member runner.

For more information, contact:
Wellington "Buddy" Crutchfield @
301/315/0370 or BJJAEK@apl.com

The City of Rockville Department of Recreation and Parks is offering

TEENS ON THE GO

- Ages 12-17
- Monday - Friday
- June 20 - August 5

*Teens will be picked-up and dropped-off at
Julius West Middle School
651 Great Falls Road*

- 7 weeks of fun.

Mondays: Swim Day 12 noon - 6 p.m.

Tuesday - Friday: We will be On the Go from 10 a.m. - 6 p.m.

(Hours may be extended depending on the trip destination.)

- Travel to Busch Gardens, Laser Tag, Paintball, Ocean City, Orioles Game, White Water Rafting, Six Flags, Bowling, Rehoboth Beach and more. For the majority of the trips, travel will be in a comfortable 47 passenger air-conditioned Coach bus.

Watch for more details in the Summer 2005 Recreation Guide.

LEADERS TRAINING PROGRAM

The **L.I.T. PROGRAM** is a voluntary training program for youth, ages 13-15. L.I.T. have the opportunity to assist summer recreation staff with various camp and/or playground activities, including general and specialized sports and games, arts and crafts, and supervision of participants.

Placements are limited with priority given to returning L.I.T. All youth selected **MUST** attend Orientation and scheduled training sessions during the summer. A minimum four-week commitment is preferred for camps and playgrounds.

Just fill out an application. Applications will be available beginning March 1, and may be picked up at the Recreation Counter at Rockville City Hall or you may call 240-314-8634 or 240-314-8620 to have one mailed to you. Application deadline is Monday, April 4. Interviews will be conducted beginning in mid April. If selected, payment will be requested at that time. \$50 Resident/\$75 Non resident

The City of Rockville Department of Recreation and Parks reserves the right to terminate a Leader In Training from the program at any time.